Surveying Clients

ABOUT OUTCOMES





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This guide is part of a series on outcome management for nonprofit organizations. Other guide topics include

- keys steps in outcome management
- following up with former clients
- using outcome management
- analyzing and interpreting outcome data
- developing community-wide indicators



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Preface

This guide provides detailed information about developing and using client surveys, one very important method that nonprofit organizations can use to assess service outcomes.

Staff members of nonprofit organizations are frequently asked how well they are doing or what difference a particular service makes. In times of tight budgets they are often faced with decisions about which services to cut. Clients will benefit from changes to services that make them more effective. All of these management concerns can be well served by information generated from client surveys.

When evidence from client surveys is used to improve services by making them more efficient and effective, and used to report to the public about the performance of the organization, the value of this evidence can far outweigh the cost of collecting it.

Is the evidence provided by client surveys sufficient, as the only source of information available to decisionmakers? The answer is, definitely not. But when used in conjunction with other information gathered by the agency, defensible decisions are likely to result.

The series of guides on outcome management developed by the Urban Institute arms nonprofit managers with a variety of important assessment tools. Multiple methods, and multiple sources of information, provide a strong foundation for making decisions about services and for providing performance information to the public.

The Urban Institute is to be congratulated for taking the practice of outcomes measurement and management to a higher level through the development and publication of these guides.

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Introduction

Executives, program managers, and those who fund nonprofit organizations have an inherent interest in learning about service outcomes—how their services affect client condition, situation, or behavior. Collecting and using such results are essential to the practice of outcome management. Good outcome management, of course, helps to improve service delivery, make services more effective, and modify or eliminate ineffective activities. It also helps to assess organizational achievement and value.

The first guide in this series, *Key Steps in Outcome Management*, identifies various methods for obtaining outcome information, such as reviewing agency records, using trained observers (such as caseworkers), and administering client surveys. Each has its benefits and costs. Systematic client surveys, for example, can be more expensive than other methods, but are likely to yield some of the most important kinds of outcome information for a nonprofit organization. Although few nonprofit organizations regularly survey their clients, feedback from clients is likely to be a major, if not *the* major, source of information on service outcomes.

This guide is intended to encourage the use of client surveys to measure service outcomes on a routine basis. Extensive and complicated surveys are not necessary. At the same time, some aspects of the process can be technically challenging. That is why this guide contains more detail on procedures than others in the series. Nonprofits do not have to become survey experts, as technical expertise and support are available from a variety of sources. But nonprofits must understand what surveys involve, recognize good survey practice, and make decisions about the role that staff members—as opposed to technical specialists—ought to play. This knowledge helps ensure that useful, high-quality information is collected and provides reasonable confidence that the information collected will stand up to external scrutiny.

¹ The guide draws from several sources on survey design and practice, including Don A. Dillman, *Mail and Internet Surveys: The Tailored Design Method*; Harry P. Hatry et al., *Customer Surveys for Agency Managers*; the American Statistical Association's "What Is a Survey?" series of brochures; Kathryn E. Newcomer and Timothy Triplett, "Planning and Using Surveys to Collect Useful Program Information"; Boys & Girls Clubs of America, *Youth Development Outcome Measurement Tool Kit*, 1998; and the web site of the American Association for Public Opinion Research, http://www.aapor.org.

² Another guide in this series, *Finding Out What Happens to Former Clients*, also discusses client surveys as a means of gathering information on program outcomes.

About This Guidebook

This guidebook includes the following sections:



Survey Basics outlines some features, limitations, and challenges of the survey process for nonprofits.



Initial Decisions includes steps 1 through 3 of the client survey process, involving actions taken before survey development begins.



Developing the Questionnaire includes steps 4 through 6, covering drafting the survey instrument and pretesting.



Administering the Survey includes steps 7 through 10, covering distributing and administering the survey, and handling response rates and client confidentiality.



Collecting and Using the Data includes steps 11 through 14, involving entering, tabulating, and analyzing the data.



Cost and Time Requirements discusses the efforts required for implementing and maintaining a client survey process.

Exhibit 1 summarizes the key steps to conducting client surveys.

Key Steps to Conducting Effective Client Surveys



Initial Decisions

- **Step 1.** Identify what information is needed
- **Step 2.** Determine which clients to survey, and how many
- **Step 3.** Decide who should design, conduct, and analyze the survey



Developing the Questionnaire

- Step 4. Prepare the questionnaire
- Step 5. Conduct a pretest
- Step 6. Decide when and how often to administer the survey



Administering the Survey

- **Step 7.** Choose how to administer the survey
- Step 8. Take actions to achieve a high response rate
- Step 9. Ensure that surveys do not harm clients
- Step 10. Administer the survey



Collecting and Using the Data

- Step 11. Enter and tabulate the data
- Step 12. Analyze the results
- Step 13. Prepare and disseminate reports
- **Step 14.** Encourage use of the survey information



Survey Basics

What Are Client Surveys?

Client surveys can be an indispensable source of outcome information. They provide a systematic means of gathering data on service outcomes from all or a portion of clients. Here are some key features of such surveys:

- They focus on clients. Clients are the recipients, beneficiaries, users, or patrons of services. They include direct recipients of those services, but may also include others, such as parents of children who receive tutorial, recreational, or day care services. Clients can also include those who visit museums, attend performing arts presentations, use parks or recreation facilities restored by environmental clubs, or shop in neighborhoods where community-based organizations engage in reinvestment activities. The survey's focus on clients reflects the organization's primary focus on serving people.
- They seek information about outcomes. Client experiences and satisfaction are important program outcomes that are often best tapped through surveys. For many organizations, surveys may be the only feasible way to obtain major outcome indicators. Surveys not only provide a way to rate service quality, but also allow clients to report on their condition, behavior, activities, and, most importantly, any changes. Finally, they permit clients to indicate how they think the service provided contributed to bringing about any changes.
- They are appropriate for many types of services. Surveys can produce useful information about outcomes in areas as diverse as animal protection and welfare, arts and culture, child-support services, community improvement, education, environmental protection, health care, housing, job training, mental health care, mentoring, recreation, rehabilitation, senior companion services, shelter, youth development, and many others. Exhibit 2 provides some examples of outcomes that can be tracked using client surveys.
- They are systematic. While nonprofits always have some information about service outcomes from their clients, it may be anecdotal, rather than systematic and generalizable. Systematic, generalizable data is what sets client surveys apart from more informal means of obtaining feedback. Properly done,

Some Outcomes Tracked Using Client Surveys

Service type

addiction recovery

animal shelters

child abuse prevention

child day care

community recreation

counseling

disaster relief

economic development

employment

environmental beautification

food banks

group homes

legal advocacy

libraries

Meals on Wheels

patient care

performing arts

rape victims' support

rural development

shelters

transportation

vocational training

youth development

Outcome

becoming substance-free

facility cleanliness

child well-being

facility convenience

enrollment volume

service helpfulness

responsiveness to victims

resources provision

job placement rates

visual improvement

nutritional improvement

staff responsiveness

effective representation

availability of sought-after material

on-time delivery

dignity of treatment

patron enjoyment

counselor compassion

infrastructure improvement

condition of accommodations

on-time performance

skills attainment

behavior improvement

surveys are organized efforts to obtain information. Even so, client surveys are subject to error (biases, inaccuracies, or imprecision); identifying and dealing with potential sources of error are discussed in section V.

- They are conducted regularly. It is not good outcome management practice to conduct surveys just once, or even every now and again. Client surveys should be used to provide a recurring flow of information to the organization and need to be conducted routinely.
- They encourage client feedback. It is not always easy to get people to respond to surveys. When respondents are selected from lists of telephone numbers or addresses, the connection to the survey sponsor is limited. Nonprofits conducting client surveys, however, have a distinct advantage because they have a relationship with their respondents. Clients should be less likely to dismiss or discard a questionnaire seeking information. Many are likely to have a personal interest in the survey topic and in helping the organization to improve services. Indeed, some may even appreciate the opportunity to provide feedback.
- They are done to help the organization improve its services. The major purpose of a client survey is to identify what works and what doesn't work for clients so that modifications can be made.

Exhibit 3 lists the types of outcome information generally obtained through client surveys. Some sample survey forms can be found in the appendices. Appendix A is an American Red Cross survey that covers client satisfaction, and appendix B is a proposed survey by the Mental Health Statistics Improvement Program asking about client outcomes and benefits.

Limitations

As with all outcome indicators, client surveys should not be the sole means used to obtain outcome information. They are *not* good when

- data are more easily, more accurately, or less expensively collected from agency records, trained observers, or other sources,³
- clients need to recollect perceptions of experiences and events that occurred in the distant past, say, more than a year before the survey,
- questions require complicated or detailed answers or explanations,
- information is requested on the experiences of others about whom survey respondents are not likely to be well informed, or
- respondents are asked to provide especially sensitive or private information that is only peripherally relevant to service provision.

³ Such data might include medical diagnoses, school grades, or service use patterns (such as number of hours of service received).

Outcome Information from Client Surveys

1. Satisfaction with quality of service provision

- Service quality, timeliness, accessibility
- Facility convenience and condition—location, safety, hours of operation
- Staff quality, accessibility, pleasantness, courtesy
- Overall satisfaction with the services provided
- Whether the client would recommend the service to others

2. Outcomes/benefits realized by clients at the conclusion of services or after

- Indications of client behavior or condition, such as whether a tutored student has obtained a degree, GED, or become employed, or a previously addicted client has become or remained drug-free
- Client perceptions of service benefits and results
- Client perceptions or indications of degree of improvement in behavior or condition as a result of services

3. Information to help explain client ratings

- Client opinions and preferences that have a bearing on outcomes, or can help a nonprofit organization review or rethink policy or service-delivery issues
- Reasons for any poor ratings
- Suggestions for service improvement
- Service characteristics, such as the amount or type of services received
- Demographic characteristics not available from organization records

Challenges

Obtaining feedback from clients presents several challenges:

- Burden on the organization. Client surveys can be somewhat difficult and costly to undertake, and may require skills unfamiliar to nonprofit staff.
- Need for reasonably high levels of client participation and good information collection practices. While many clients have an interest in providing feedback about service results, it is not always easy to obtain a high enough level of response to ensure that survey information is a valid representation of client experience. Success requires good survey techniques.
- Possible unwanted or negative publicity. Some organizations may be concerned about possible misuse of client survey findings by their funders, the media, or others. From an outcome-management perspective, the primary purpose of a client survey is to assess whether clients are benefiting and, if not, to identify why and what can be done to improve results. However, others may not view negative results as a way to improve, but simply an indication of organizational failure. The possible misuse of negative results may discourage some organizations from doing surveys.

Setting up a client survey process requires that nonprofits understand what is involved; set aside sufficient staff resources, obtain outside expertise, or provide for special staff training, if necessary; and consider how to make the best of whatever information is generated.



Initial Decisions

Step 1: Identify What Information Is Needed

Client surveys help organizations learn whether services are producing anticipated or desired results and, if not, provide clues for how to improve them. What surveys should cover and how they should be done will vary from organization to organization, following from each organization's unique mission, services provided, client base, and intended results.

Issues covered by a client survey should correspond to the key service outcomes an organization wishes to track. Because survey length generally affects response rates, issues not pertinent to improving outcomes should probably be limited. The goal is to develop the shortest possible list of questions consistent with the survey's objective of assessing outcomes.

Organizations involved in numerous programs or activities should decide which of them, if not all, will benefit from having client survey information. If multiple services are provided to the same clients, should all services be covered in one survey, or should each service be surveyed separately?

It may be useful to get advice from staff members, board members, or representatives from funding organizations, advocacy groups, and public agencies on what outcomes should be tracked through surveys. Input from clients and former clients should also be sought. Involving more people in the planning process also helps to obtain their "buy-in," lends credibility to the survey, and increases the likelihood that survey findings will be used. Finally, the content of surveys conducted by others providing similar services may be helpful.

Another consideration is whether any "issue-of-the-moment" information will be collected. In addition to collecting information on outcomes, it may be useful to include questions about a limited number of other time-specific matters. A small portion of the questionnaire can be reserved for covering special issues that may change each time the survey is administered. For example, the organization may wish to ask about proposed service delivery options or program changes. Adding one-time questions adds some cost and burden as the questionnaire, data entry, and tabulation procedures will need to be modified for each survey.

Step 2: Determine Which Clients to Survey, and How Many

A number of questions about survey respondents need to be considered. For example, not all service recipients will be able to respond to a survey because of their very young age, illiteracy, language barriers, or physical or mental communication barriers. Instead, other people, such as family members, may be able to provide the needed information.

Considering Whom to Survey

- Other than direct service recipients, who should be surveyed—parents? Guardians? Caregivers? Should informants be asked to respond on behalf of clients who are not in a position to be surveyed?
- Should program dropouts be surveyed?
- Should former clients be surveyed to identify a program's sustained outcomes?
- What minimum amount of service should clients receive to be eligible for surveying?

Once the relevant client group is defined, the organization needs to be able to enumerate all members of that group so that the information collected is not biased in one way or another. Generally the basis for the enumeration is a list maintained in the normal course of operation. Some organizations keep an *unduplicated roster* of clients while others keep a *register of service-use instances*. In the latter, the same client's name may appear multiple times. Which type of list is appropriate for use in conducting a survey depends on how an organization's outcome indicators are specified. For example, if the indicator is the *percent of clients* satisfied with their service experience, then an unduplicated client roster is appropriate. If the indicator is the *percent of times* clients are satisfied with the quality of service received, then it is appropriate to use a service-use instance list.

To obtain valid results, client lists need to be up-to-date, complete, and accurate. Leaving out some portion of the client group presents the possibility of bias. Omitting records that do not contain current addresses, telephone numbers, or other contact information may result in overlooking an important segment of the organization's clientele. If all clients cannot be enumerated, such omissions should be noted when reporting findings. It may also be necessary to adjust the analysis of survey results.

For some programs, such as those involving performing arts or recreation center use, a roster or list of participants may not be available. In that case, surveys should be done in such a way that all clients have a chance to be included.

Another consideration is the minimum amount of service that a client must receive before being included in the survey. For example, some clients may come in only once, or only for a short time, and it may be decided that they should not be considered clients for outcome measurement purposes.

Similarly, a decision must be made about whether to survey clients who drop out before completing the full complement of service planned for them. For dropouts, a different set of information would normally be used that would focus on the reasons for dropping out.

Because many nonprofits serve relatively few clients, it is often possible to survey all of them, rather than a sample. Surveying all clients is often simpler than sampling a portion of them. It also eliminates a potential source of inaccuracy in surveys known as sampling error; the "luck of the draw" of a sample may result in a group of clients whose responses do not represent the experiences of the entire group.

But surveying all clients is not always feasible, for example,

- if the client base is very large. Surveying every client on a regular basis could be very burdensome, time consuming, or costly. This is probably the most important reason for not surveying all clients.
- if the full range of beneficiaries is unknown. Examples are users of recreation facilities refurbished by a citizen association, or boaters who use waterways cleaned by an environmental group.
- if clients are extremely difficult to locate (for example, those without permanent addresses who are no longer in contact with the organization). These clients could be omitted if they represent a small segment of the client population and the omission is noted during analysis and in reports. If difficult-to-locate clients represent a core service constituency, then a different way of assessing service outcomes may have to be devised.

In these cases, sampling may be appropriate. It may save the organization money, speed up the information collection process, reduce the overall burden on the client population (since only a fraction of them need to provide information), and result in sufficient precision for most outcome-management purposes.

Because sampling involves selecting only some clients, a degree of uncertainty is involved in generalizing to all of them. The extent of that uncertainty depends on the type of sampling used and the size of the sample, but surprisingly does not depend on the total size of the client base. If samples are used, expert advice on the sample selection method and sample size should be sought. See appendix C for more information on sampling issues.

Step 3: Decide Who Should Design, Conduct, and Analyze the Survey

Surveying clients on a regular basis requires a commitment of resources. Organizations can choose whether to work on surveys entirely in-house, primarily in-house but with assistance from outside people, or entirely contracted out. Each option has its benefits and costs.

Considering Who Should Do Client Surveys

- **Staff.** Are there staff members who possess (or can acquire) the appropriate skills and expertise?
- Time. Is there sufficient staff time available to do the work involved?
- **Technical support.** Is there adequate technological support, such as computer hardware and software?
- **Schedule.** Can staff complete surveys on a timely and regular basis, consistent with the organization's needs for outcome information?
- Community support. Are there volunteers with survey expertise available?
- Funds. Are there funds to pay for outside assistance?

For most nonprofit organizations, client surveys will only be practical if they are done in-house. Because the surveys should be conducted regularly, there are significant advantages to developing an internal capacity to do them. But it is not always necessary to start from scratch. Similar organizations may have questionnaires and examples of reports that can be used as a base. Even if such materials are available, an in-house effort will still probably require a considerable amount of staff time, especially at the beginning.

Some organizations may be able to plan and manage client surveys entirely by themselves, but most are likely to need technical assistance. Assistance with setting up the initial survey, developing the questionnaire, advising on a sampling strategy (if needed), and analyzing the initial survey's results is likely a good investment for the organization.

Outside support may be desirable for mailing questionnaires or entering the responses into a database. Nonprofits may be able to obtain free or low-cost help from faculty members or student interns at local colleges or universities, high school students needing to fulfill community service requirements, or community volunteers.

Finally, some organizations may choose to use an outside contractor. University-based and commercial survey and market research organizations, as well as smaller, independent consultant-type businesses, organize surveys. This approach may be appealing if survey design issues are complex or if survey implementation is exceptionally burdensome for one reason or another—and if the organization has funds to pay for such help. Hiring a contractor is also advantageous if client survey activities occur at irregular times, leaving dedicated staff with periods of inactivity. And when external credibility of the surveys is very important, an outside organization may be seen as more independent and less invested in survey outcomes than the organization itself. Exhibit 4 lists some issues to consider when hiring a survey contractor.

Even if surveys are conducted by a contractor, the responsibility to provide direction and oversight of the process still lies with the organization. Management must make the basic decisions—about survey objectives, activities and issues to cover, kinds of clients to survey, and the level of precision. As a general rule, the more in-house involvement, the more likely the results will be valued and useful.

Appendix D summarizes issues to consider before developing a questionnaire.

Issues to Consider When Hiring a Survey Contractor

Cost. Cost often varies considerably from contractor to contractor, so get bids from several. Make sure that survey requirements are clear, and carefully evaluate proposals before selecting a contractor.

The firm's experience. Find out about the contractor's past experience in conducting similar surveys. Check with previous clients to learn about their experiences with the firm.

Continuity. If surveys are to be conducted on a regular basis, the contractor should either be available to do so over the longer term or be willing to transfer its materials (and guidance in how to use them) to the organization so that subsequent surveys are compatible with those conducted by the contractor.

Style and compatibility. Seek a firm whose staff members are easy to work with and have a good understanding of the organization's need for, and use of, client survey data. Consider whether the contractor's staff members listen and respond well to the organization's needs and understand the constraints under which the organization operates, and whether they are willing to allow organization staff to participate in the survey process in order to reduce costs and assume ownership of the results.

Confidentiality. If data obtained from clients need to be maintained as confidential, it is essential to find a contractor that employs strict procedures to protect the privacy of client-supplied information.



Developing the Questionnaire

Step 4: Prepare the Questionnaire

Asking the wrong questions, wording them badly, or designing questionnaires poorly can produce erroneous or useless survey results. It is important to

- ask questions that clients can and are willing to answer;
- make questions pertinent to service outcomes;
- make questions and response alternatives unbiased, clear, and easy to understand;
- ensure that questions can be consistently interpreted by all clients, and can be answered accurately and truthfully; and
- review order, format, and design of the questionnaire to ensure that clients are encouraged to provide good quality responses and complete the form.

When expertise is not available in-house, obtaining advice and assistance from a survey specialist is recommended. Even when outside expertise is used, nonprofit staff should be acquainted with the basic issues involved in questionnaire development. At a minimum, questions must be reviewed to make sure the wording is appropriate for the organization's clients and outcomes.

Questions should be written so they require as little effort as possible on the part of respondents (in answering them) and the organization (in recovering the information). They can be closed-ended (limited to choosing an answer from those listed on the form) or open-ended (given a blank line to write any response). If most questions are closed-ended, survey administration is easier and less costly, and tabulations can be done efficiently and consistently.

Because closed-ended questions have fixed, pre-established answer categories for selection by respondents, the quality of the information elicited depends on how well questions and response categories are crafted. Good questions are generally simple, clear, short, and unbiased. According to the American Statistical Association,

It is the questionnaire designer's greatest challenge to take important topics and translate them into simple concepts, simple behaviors, and simple words. The style of the questionnaire must not get in the way of respondents' providing their information; otherwise the results could be incomplete or misleading data, item refusals, respondent fatigue effects—even the respondent's refusal to complete the questionnaire. (American Statistical Association 1999, p. 11)

While books and manuals provide advice on how to word questions, conferring with a survey specialist is strongly recommended. See exhibit 5 for suggestions on how to word questions.

Although most questions will likely be closed-ended, it can be quite useful to include a few open-ended questions, such as "Why do you feel that way?" or "Please explain." It is especially useful to ask for explanations of negative ratings to provide guidance for corrective actions. It is also good practice to end a client survey with a question like, "In what additional ways could we have helped you?" or, "Is there anything else you would like to tell us about the service you received?" or, "What can we do to improve our performance?"

Open-ended questions give clients an opportunity to explain some of their closed-ended answers, and permit them to give feedback in a manner that reflects their own perspectives. In essence, open-ended questions allow clients to express themselves in their own words and feel they have been heard. Equally important, the organization can use such questions to ensure that important information is not missed, help interpret the patterns and findings from responses to closed-ended questions, and learn about concerns not covered in the questionnaire. If answers to open-ended questions show some consistency over time, they can be developed into closed-ended questions for use in subsequent surveys.

More guidance on how to structure responses to survey questions is included in exhibit 6.

After writing the questions, the next task is assembling the questionnaire. Important considerations include length, question order, and construction.

A survey's length depends on both the amount of information needed and the extent of client tolerance for supplying it. The questionnaire should be long enough to provide adequate coverage of priority outcomes yet short enough to encourage client response. One or two pages are adequate in many instances. In general, the longer a questionnaire, the more incentive or client motivation is needed to obtain an acceptable response rate. Even so, a stimulating and inviting multipage questionnaire may encourage more response than an uninteresting and non-involving shorter one.

The order that questions appear on a questionnaire is important. It can play a significant role in establishing and maintaining client interest, and facilitate client ability to navigate the questionnaire and interpret (react to) individual questions.

Guidelines on Wording Questions

- Refer to one thing at a time. Asking clients if the service facility they visited was "safe and clean" does not allow for determining whether a "no" answer refers to safety, cleanliness, or both.
- Choose terms clients can understand. Asking if clients are substance abuse "recidivists," for example, may be beyond the comprehension of some.
- Eliminate "negative" questions. Questions should not require a client to respond "yes" in order to mean "no." For example, the question, "Was the service not provided in a timely manner?" is difficult to understand. The answer is equally difficult to interpret.
- Avoid leading or biased questions. Asking, "Isn't the new collection of books in the library much better than the old collection?" invites a "yes" answer, as opposed to a more neutral version—"Would you say the current collection of books is better or worse than the previous collection?" Another option, although longer, is, "Some library clients believe that the current collection of books is better than the previous collection. Others believe that the previous collection was better than the current collection. What do you think?"
- Provide appropriate and reasonable time references. Make clear which time period is being asked about, but avoid asking clients to recall events that occurred a long time ago. For example, when asking about the promptness of ride-on transportation, it is appropriate to specify a time period, but asking if service was generally on time a year ago is unlikely to produce a reliable answer.
- Use complete sentences to ask questions.
- Make questions consistent if comparisons over time or across groups are to be made from survey to survey. Even if previously used wording is not ideal, word-for-word consistency is important to ensure that comparisons are valid.
- **Use ranges for numerical responses.** Ranges may be especially useful if precise answers are not expected from clients.
- Avoid unnecessary calculations, especially those that discourage completing the questionnaire. Try to phrase questions so clients have accurate, ready-made answers.

Guidelines for Question Response Categories

- Make sure that categories do not overlap. For example, the question, "How many times did you come to the service facility during the past month—1 to 3 times, 3 to 6 times, or more than 6 times?" does not give a clear choice of category to select if the answer is "3 times."
- Cover all possible responses. For example, the question, "How long did you have to wait before your name was called the last time you came to the center—10 to 20 minutes, 21 to 30 minutes, or more than 30 minutes?" does not allow for the possibility that the client had to wait less than 10 minutes. Or, the question, "The staff were courteous to me—always, sometimes?" does not allow for the possibility that the staff were never courteous.
- Use broad numerical ranges to make it easy for clients to respond. Ranges are often appropriate when asking about income or service frequency, where clients may not know the exact amount. Category sizes should also reflect the distinctions needed for analysis. For example, instead of asking, "What was your total household income last year?" ask, "Which of the following categories best describes your total household income last year—less than \$10,000, \$10,001 to \$20,000, 20,001 to \$30,000, \$30,001 to \$40,000, or \$40,001 or more?"
- Include balanced numbers of favorable and unfavorable response categories on rating scales. For example, the response scale "completely agree, agree, neither agree nor disagree, disagree" should also contain the possibility "completely disagree."
- Where appropriate and feasible, use the same response categories across questions. It is easier and less confusing to clients if response categories are consistent and do not change from question to question.

Guidelines for Order of Questions

- **Set priorities.** Questions that are more important or interesting to the client should precede less important and less interesting ones.
- Consider the question sequencing logic. Questions should be asked in a logical order—by topic, time sequence, or another appropriate sequence.
- Cluster questions. Logically related subjects should be clustered together. Also, where appropriate, group together questions that use the same response categories.
- Consider whether specific questions should precede or follow general questions. More specific questions often precede more general ones. For example, asking about facility convenience and staff accessibility would come before asking about overall satisfaction with the service, thereby suggesting that overall satisfaction may be based on these more specific evaluations. Alternatively, clients could be asked to give overall ratings without any guidance on what to consider in making a judgment. Each organization should calculate which approach would produce the desired result.
- Put easier-to-answer questions first. Factual, easier questions are generally put at the beginning of a questionnaire. Sensitive or possibly objectionable questions are generally placed near the end.

How a survey will be administered—whether by an interviewer asking the client questions or by the client filling out a questionnaire—influences the construction. Since most organizations are likely to use self-administered questionnaires, attention needs to be paid to format, appearance, layout, instructions, and overall design. The objective is to facilitate understanding, encourage participation, and produce complete and accurate responses.

Guidelines for Questionnaire Construction

- Cover letter. Having a separate cover letter (on organization stationery and signed by a high-level organization official, such as the executive director or board chairperson) is recommended when questionnaires are sent in the mail.
- Introduction. A questionnaire should generally begin with a brief introduction stating what the survey is about, whom it is for, how the information will be used, and whatever confidentiality provisions are in place. It is good form to politely ask clients to participate, indicate the importance of getting their feedback, and thank them for taking the time to participate. The introduction should also contain simple, straightforward instructions on completing and returning the survey.
- **Design.** A questionnaire should be visually appealing, simple, and easy to follow. Where to begin and how to proceed should be obvious. If there are multiple columns or pages, ensure that the layout does not confuse respondents. A badly formatted questionnaire can contribute to missed questions or failure to see the full range of response alternatives
- Conclusion. A questionnaire should conclude with a friendly thanks for participating.

Step 5: Conduct a Pretest

Although the process need not be elaborate, a new survey (and survey procedures) should be pretested before it is administered for the first time. No matter how well a survey is planned or designed, it is extremely difficult to anticipate all possible problems in an instrument, or with procedures for administering it. Pretesting is the major way to determine if the instructions, questions, and format are understandable.

Pretesting helps determine if questions are interpreted by clients and the survey developers in the same way. Something as simple as how clients define the word "convenience" in the question, "How would you rate the convenience of this service?" can be very important in interpreting survey results. Pretesting also provides the opportunity to try out alternative wordings, question order, questionnaire formats, and the like. Even questions borrowed from other surveys need to be pretested with the organization's own clients.

Only a small number of clients—perhaps ten or so—is necessary for pretesting, if they represent a range of client types or service experiences. Formal pretesting can include

- respondent debriefings—structured one-on-one interviews immediately following completion of a questionnaire to evaluate interpretations and experiences;
- **focus groups**—in-depth group discussions with client respondents to hear their reactions; and
- **cognitive interviews**—asking respondents to paraphrase, think aloud, or answer probing questions while they are filling out a questionnaire, to understand how they interpret and process the questions.

A less formal option is unstructured discussions with clients who have completed the questionnaire to obtain their comments and input.

Based on pretest results, the questionnaire or procedures should be modified where necessary. If they change considerably, a second pretest may be appropriate. Questionnaires that need to be translated into other languages should be pretested in each language.

Step 6: Decide When and How Often to Administer the Survey

Organizations must decide when during service provision clients will be surveyed, how many times they will be surveyed, and how frequently they will be surveyed.

Depending on the nature of the service and program objectives, there are several options regarding when to survey clients. A questionnaire could be administered at

the time of departure, shortly thereafter, or at a fixed interval following service completion.

For services that only seek to improve clients' immediate condition, it is appropriate to survey them at the end of service or very soon thereafter. This category applies to clients who, for example, are provided a short-duration stay in an emergency shelter or treatment at a clinic. It also applies to those who attend an event (such as a performance) or visit a facility (such as a library or museum). Clients can also be asked about the frequency of attendance and, where applicable, about previous experiences.

For services that seek to help clients sustain an improved condition, it is appropriate to survey them later, such as six or 12 months after service completion.⁴ This category applies to clients who, for example, are provided assistance intended to result in retained employment, remaining drug-free, or long-term relief from a nonabusive environment. If questionnaires are mailed to clients, they should probably not be surveyed more than 12 months after departure from service because of the difficulty and cost of locating them. A special study is normally used to track clients after 12 months, if funds are available. Avoid the temptation to administer questionnaires to clients who received and departed from service at substantially different intervals.

For ongoing services, it is appropriate to survey clients periodically while that service is being provided. This category would include services in an institutionalized setting. Surveys could be conducted, for example, at one-year intervals or at fixed points in time after service is initiated.

How many times clients are surveyed should reflect the organization's outcomemanagement needs as well as the administrative and cost burdens imposed. In most instances, clients need to be surveyed only once. Surveying once minimizes cost and administrative complexity, since having to link clients' responses across multiple surveys requires considerable effort.

The nature of the service and service objectives generally determine how frequently clients are surveyed. Some organizations may require information at multiple points, such as when important intermediate outcomes can be measured and then when end outcomes can be measured. Others may need annual feedback from clients who are served for long periods. The more times clients are surveyed after leaving service, the more costly the client survey process will be.

When considering survey frequency, certain distinctions need to be made—such as between programs that serve a stream of clients who enter and leave service at different times and those that serve clients who start and end service simultaneously (classes of tutored students or attendees at a performance).

⁴ See *Finding Out What Happens to Former Clients*, in this series, for information on the issue of tracking clients for follow-up purposes.

If an organization has a steady stream of short-term clients who receive service at irregular times, it may be appropriate to survey them on a rolling or continuing basis. For example, a small portion of an organization's clients—those who completed service at about the same time—could be surveyed each week. This arrangement minimizes the administrative effort at any point in time and spreads the workload throughout the year. Survey results can be accumulated, tabulated, and summarized frequently, and the findings made available to program managers on a timely basis.

For organizations providing services to groups who start and conclude service at the same time, it may be appropriate to survey clients in periodic waves, such as every few months or so. Questionnaires would be batched for clients who received (or completed) service within that time period.



Administering the Survey

Step 7: Choose How to Administer the Survey

Selecting the most appropriate way to administer surveys is a key decision. Nonprofits most often use either mailed or handed-out questionnaires for self-administration or they survey by telephone, but there are other possibilities. Each has advantages and disadvantages to consider. Exhibit 7 briefly summarizes these options.

One consideration is where surveys should be done. Options are at clients' residences, where they receive services (such as at service centers, clinics, shelters, recreation centers, libraries, auditoriums, museum, parks, and so on), or elsewhere (such as at a school where children who receive counseling services at another site are enrolled).

A second consideration involves whether to use interviewers. In-person interviews give greater control over the questionnaire-administration process and are particularly well suited to asking complex or detailed questions, providing clarification, obtaining information from clients who are less responsive to written documents, or asking more questions than is feasible when interviewers are not involved. Telephone interviews have some of the same advantages, although sometimes to a lesser degree. It is generally costly, however, to use interviewers, with in-person interviews at a client's home as the most expensive survey mode. Labor and training costs are incurred in all cases, as well as travel and time costs when interviewers go to clients' homes. In-person interviews conducted at a service facility and telephone interviews are less expensive than in-home interviews. Finally, telephone interviews obviously require clients to have telephones, which in some instances may not be available. In general, interviewer-administered surveys require significant resources.

If interviewers are not used, clients must take responsibility for completing the survey. Self-administration gives less control over the process but tends to be less resource-intensive, burdensome, and costly, and is often quite adequate for routine surveys. Questionnaires can be handed to clients in person or mailed, faxed, or e-mailed to them. Or, clients may be directed to a web site. Questionnaires sent through the mail are relatively low cost and may be particularly well suited when

Ways to Administer Surveys

- Interviews, in-person—In-home interviews are likely to be prohibitively expensive because of time and travel costs. Interviews conducted at service sites are less costly, although costs will be higher than for self-administered questionnaires. Interviewers should generally not be service providers, and should be trained in techniques to reduce bias in responses.
- Interviews, by telephone—Although more expensive than self-administered questionnaires, in some instances telephoning clients offers advantages that are worth the extra expense—for example, if probing is important or if a low response to self-administered mailed questionnaires is expected. This mode is feasible if staff, volunteers, or funds are available; clients have telephones; and accurate, up-to-date telephone contact information is available.
- Self-administered, by mail—If client addresses are accurate and clients do not object to receiving mail from the organization, mail is a practical and efficient way to do routine surveys on a limited budget. Clients do not have to be physically present at a service site so there is flexibility about when in service provision client feedback can be solicited. Inconvenience to the client is minimized, and completing questionnaires in the privacy of one's residence may encourage honest responses and provide confidentiality.
 - A key disadvantage is the potential for a low response rate. Actions must be taken to achieve as high a response rate as possible. Another disadvantage is having to deal with possible duplicate responses from the same clients if more than one mailing is done. Procedures must ensure that duplicate questionnaires are not counted. Duplication may be difficult to avoid if responses are anonymous.
- Self-administered, handed out—Mailing questionnaires may not always be possible or appropriate; for example, if clients have no fixed address, if addresses are unknown, if an organization does not keep client records (such as a museum or a recreation center), or if clients do not want mail sent to their residences. In such cases, clients can be given questionnaires at service sites to
 - o complete at the service site. This option is low cost, allows for quick feedback, and minimizes recall problems if clients are queried about services just received. It is also advantageous if clients are unlikely to respond to mail questionnaires. Clients may complete a questionnaire alone, be assisted by staff members (if there are literacy or other impediments to self-completion), or enter answers at a computer terminal. This option may be particularly attractive when there is no contact information on clients but they are willing to come to a facility to complete a questionnaire—especially if incentives are offered.
 - o complete elsewhere and return. This option requires that clients are handed questionnaires in an organized fashion—making sure that each client who is supposed to get one does, and that multiple questionnaires are not given to the same client. Questionnaires should not be left for clients to pick up as they please, since some will not bother to pick them up—increasing the likelihood of bias. Response rates may be low, however, as followup is difficult.

EXHIBIT 7 (continued)

Handed-out questionnaires, whether completed on-site or elsewhere, have a number of disadvantages. Post-service results may be difficult to obtain unless clients are asked at the time of service provision to return to the service site in the future to complete a questionnaire. Incentives may be necessary. Because of inconvenience for the client and the likelihood of a low rate of response, this approach should be used only if other approaches are infeasible and if a reasonable proportion of clients are expected to return to be surveyed. Also, procedures must be in place to avoid having staff members who provide the service influence client responses.

■ Other survey modes—Internet- and e-mail-based surveys are generally not feasible alternatives for many nonprofit organizations, but this may change as access to and facility with computers improves. If service sites include computer-training facilities, clients may be able to use the terminals to complete questionnaires. This has been successfully done in local Boys and Girls Clubs, for example.

Automated telephone surveys ask clients to call a telephone number and enter or speak answers to pre-recorded questions. While this mode is used primarily for commercial or institutional customer-satisfaction surveys now, it could become more prevalent over time.

confidentiality is an issue and sensitive questions are included. E-mailed or webbased questionnaires are quick and reduce data entry costs, but require specialized design expertise of the nonprofit organization and computer access and knowledge of the client.

Surveys can be administered using a combination of modes. Typically, for example, questionnaires are mailed or handed out and then clients who do not respond are called. Clients may also fill out questionnaires while questions are read aloud to them by an interviewer. Such combinations are likely to increase response rates and help to deal with special circumstances or client types. However, using multiple modes makes the survey process more complex and requires additional effort to ensure that the information collected in different ways is comparable.

Step 8: Take Actions to Achieve a High Response Rate

Regardless of which survey mode is used, it is important to get as high a response rate as possible. If all clients are surveyed, the response rate is the number of clients who complete a questionnaire divided by the total number of clients. If a sample of clients is surveyed, the response rate is the number of clients who complete a questionnaire divided by the number in the sample.

Whether or not sampling is used, the lower the rate of response, the more likely a survey will produce biased, inaccurate information that is not representative of the organization's clients. According to the American Statistical Association, "A low response rate does more damage in rendering a survey's results questionable than a small sample, because there may be no valid way of scientifically inferring the characteristics of the population represented by the nonrespondents" (American Statistical Association 1997, p. 7).

While there is no absolute acceptable response rate, a general rule of thumb is that a response rate of 70 percent or better is very good. Surveys that obtain response rates below 70 percent but above 50 percent can be decent, but may require some special analysis to assess their representativeness. The findings from surveys with response rates that fall much below 50 percent need to be viewed with some skepticism.

Since the findings of low-response-rate surveys may be called into question, it is extremely important to take actions to encourage clients to respond. A number of techniques for increasing response rates are outlined in exhibit 8. Another guide in this series provides additional suggestions.⁵

It is not appropriate for organization staff to engage in any behavior that could appear to coerce participation or bias responses. It should be clear to staff and clients that participation is voluntary and that no penalties (such as reduced further service) will result if the survey is not completed.

Step 9: Ensure That Surveys Do Not Harm Clients

Some survey questions may be especially sensitive to clients and damaging if their answers are attributed to them—for example, if the behavior is illegal or considered undesirable. Questions that ask for ratings of the organization or service or staff members may be problematic if clients perceive their answers could have repercussions. Even basic demographic information (such as whether the client is a citizen) could be considered sensitive if clients fear that various (including legal) consequences could result from their answers. Finally, certain kinds of questions—such as those that remind a respondent of threatening experiences—may produce emotional distress. The organization should ensure that collection of information for outcome management purposes does not cause harm to clients or pose a risk to them.

Client privacy needs to be respected. In some instances, federal or state laws, regulations, or program rules protect client privacy or require that personal information be confidential. An organization's public or private funding sources may also cover issues of privacy, confidentiality, and risk or harm associated with information collection.

⁵ See Finding Out What Happens to Former Clients.

Suggestions for Improving Response Rates

- Send an advance postcard (or letter). In a personalized letter, explain the survey's importance and use. Include the organization's name and logo on the postcard or envelope if it will result in clients taking the mailing more seriously.
- For mailed surveys, include a transmittal letter. The letter should be written on organization stationery and signed by the executive director. Add endorsements by others if available (such as prominent board members or community leaders) and if judged to increase response rates. Clearly state that the survey's purpose is to help to improve services. Be polite and respectful, and express appreciation for the client's time and effort. Referencing specific changes the organization has made as a result of past client surveys may be an incentive to respond.
- Do not give up after the first try. If questionnaires are mailed, send a reminder postcard or make reminder telephone calls. Send a second questionnaire two weeks later. If returned questionnaires contain identifying information, send follow-ups only to those who have not yet returned their first questionnaire. If questionnaires are returned without identifiers, send follow-ups to all who received the initial mailing, but try to reduce the likelihood that clients will return multiple questionnaires. Although more costly, mailing by delivery service or priority mail will get more attention than mailing by first-class mail.
 - For phone interviews, try calling at different times of the day and different days of the week. Call as many times as possible if there is no answer.
- Include stamped, self-addressed return envelopes if mailing. Include one each time a questionnaire is mailed out. They should not be pre-printed business reply envelopes, however, but have real stamps affixed.
- Make the questionnaire easy to complete. Completing the survey should be a convenient, positive experience. The questionnaire should have a simple, easy-to-follow format, and clear instructions.
- Provide incentives. Monetary incentives can be effective in attracting a recipient's attention. Offer a ticket to the movies or a sports event, or a chance to win a prize in a lottery—although lotteries require knowing who responded. If questionnaires are completed at a service site, incentives might be bus passes or coupons for use at a fast food restaurant, grocery store, movie theater, and so on. Local businesses might be willing to provide such awards.
- **Use multiple modes.** Use telephone interview follow-ups for those who do not respond by mail, or allow clients to come to a service site to be personally interviewed. Allow clients the option of either mailing their questionnaires back, bringing them back, or coming to a service site to complete them.
- Ask caseworkers to encourage clients to cooperate in planned surveys. During service, caseworkers can emphasize to clients the importance of surveys for helping identify needed improvements to the program. Caseworkers should be careful, however, not to make clients feel coerced into participating in surveys.

Client concerns about confidentiality can negatively affect response rates, cause bias, and affect the validity of the information gathered. Some clients are only likely to give honest answers or answer sensitive questions if they believe their responses are anonymous (that is, cannot be traced to them) or confidential (that is, can be traced to them but will not be inappropriately disclosed). More information on disclosure of client responses is presented in exhibit 9.

Step 10: Administer the Survey

Survey administration is the single most time-consuming step in surveying clients. It involves both collecting the information from clients and ensuring the quality of the information-collection process. A staff person should be responsible for directing these activities and adhering to the planned procedures and schedule. If an outside contractor conducts the surveys, there should be ongoing coordination with the contractor throughout the process.

Regardless of the survey mode used, administration includes identifying which clients will be surveyed and when, and tracking the survey's progress. A system that triggers follow-up mailings or phone calls to clients who have not responded by a certain date is necessary.

Some of the major administrative tasks for the different modes include the following:

- Self-administered surveys require printing or duplicating questionnaires, preparing cover letters and reminder postcards, selecting or sampling clients, stuffing envelopes, distributing or mailing questionnaires, opening and logging returned questionnaires, preparing questionnaires for data entry, entering responses into a data file, coding responses to open-ended questions, and training and supervising staff members.
- Interviewer-administered surveys require recruiting, training, and supervising the personnel who conduct them. In-person interviews involve scheduling and tracking the process, preparing questionnaires for data entry, and entering the information into a data file. Telephone interviews also involve scheduling and monitoring calls, and tracking completions.
- Electronic surveys require notification to clients and electronic tracking of progress in addition to the programming involved.

Many of these tasks can adversely affect the quality of the results if not handled properly, so someone must be responsible for providing ongoing quality control of the survey process—whether the survey is done in-house or through a contractor. Some quality control tasks are listed in exhibit 10.

Guidelines on Disclosure of Client Responses

- Inform clients that their responses are voluntary. Clients should not be, or feel they are, forced to participate in surveys. Informing them they can refuse to answer any of the questions on the questionnaire, or decline to participate entirely without fear of reprisal, is standard procedure. It is certainly acceptable to appeal for client participation, however, stressing that client input is very important for improving service.
- Make responses anonymous, if appropriate. This approach is a low-cost and simple way to dealing with sensitivities and privacy concerns. No identifying information about clients is on the questionnaires. Demographic information may be included, but designed so that respondents cannot be identified. If clients are comfortable that they will remain anonymous, then they may respond more readily and increase the response rate. However, second or additional mailings of the questionnaire will have to be sent to all clients, since it is not possible to know which clients have returned their questionnaires. Anonymous questionnaires also make it difficult to assess survey bias. Finally, anonymity limits analysis. For example, it is impossible to link survey responses with demographic characteristics and information about clients from other sources, such as organization service records. Such consequences have to be weighed against the benefits of surveying clients anonymously.
- Promise and maintain confidentiality. Confidentiality is probably the most effective means to balance sensitivity and privacy concerns against survey quality and analysis needs. Detailed demographic information and detailed service data from client records can be linked to individual clients and their answers. However, access to client answers is limited only to those who process and analyze the survey, and is not available to program staff or caseworkers. Individual responses are never made public or, for that matter, used internally other than in ways that been have disclosed to clients prior to their participation. The link between questionnaire responses and other data from clients' records can be made by name, address, Social Security number, or case file number included on the questionnaire, but another option is to assign a special survey tracking number to each questionnaire and use no other identifiers.
- Obtain consent where necessary or appropriate. Surveys of children, for example, may require parental notification or formal (informed) consent. It may also be appropriate to obtain the consent of clients where feasible if others, such as caregivers, are to be surveyed. Asking for consent may also enhance the sense of trust and understanding of the survey's value.

EXHIBIT 10

Quality Control Tasks

- **Train staff.** Those involved in survey implementation need to be adequately trained and their work reviewed for quality and consistency.
- Review the client list. Before questionnaires are mailed or interviews are conducted, client lists should be checked for accuracy, completeness, and possible duplication.
- Check sampling procedures. If samples are used, procedures must be monitored to ensure that they are drawn correctly.
- **Monitor interviewers.** Interviewers need to be monitored to ensure that they follow appropriate procedures.
- Maintain tracking records. The various stages of the survey process—from distribution to follow-up, return, and entry into a data system—must be tracked to prevent losing or incorrectly handling questionnaires. If respondents are identified, returned questionnaires need to be checked for duplicates.
- Enforce confidentiality procedures. Confidentiality procedures need to be monitored to ensure adherence to appropriate safeguards.
- Periodically review the entire process. Survey procedures should be assessed periodically—say, annually. The questionnaire should be reviewed for relevance and utility. Although it is important to use the same questions over time (so that service outcomes can be compared and progress measured), it may be appropriate to make some alterations every now and then. Modification of service mission, service delivery, or outcome objectives may prompt a revision.



Collecting and Using the Data

Step 11: Enter and Tabulate the Data

Once surveys are completed, the information should be reviewed for low response and bias, collated or entered into a data file, tabulated, and analyzed.

If the survey results are likely to affect important policy or program decisions, yet are based on a low response rate, the demographic characteristics of those who respond should be compared with the characteristics of all clients (using organizational records) to check for systematic differences. An intensive follow-up can contact and survey a small random sample of nonrespondents to determine if their responses to the survey questions are systematically different from those of respondents. If substantial differences are observed, the organization will need to be especially cautious about the findings. It may be possible to adjust survey results to reduce nonresponse bias, but assistance from a survey specialist may be helpful in the adjustment process.

Data may be tabulated "by hand," counting the number of responses to each response category for each question—for all respondents or for selected subgroupings. This approach is feasible if the number of clients surveyed or responding is small, and the number of questions is limited. It minimizes the use of technical resources. However, hand tabulation restricts possible analyses to simple frequency counts and perhaps a small number of basic cross-tabulations. It also limits report presentation options to basic tables—although specialized computer software can be used for presenting results that are not drawn from a data file. For some organizations and purposes, hand tabulating the information may be adequate, providing basic survey results without file creation or use of a computer.

Computer analysis of data enhances the analysis and is usually preferred.⁶ The first step is organizing the information into a data file, which most often means entering survey responses into computer software that organizes and helps clean the

⁶ The pre-programming needed for surveys done by e-mail, the Internet, telephone using Computer Assisted Telephone Interviewing (CATI), or touch-tone entry also produces a data file for analytic purposes. Such files are available immediately following completion of the interviews. Analysis can then follow without the delay of having to enter the data.

entries, and performs various tabulations and analyses. Since data entry errors are possible, double entry, or at least double-checking some percentage of each batch of questionnaires entered, is recommended.⁷

Other data entry options are also possible. For example, clients may enter responses directly into a computer, eliminating data entry by staff. Or information can be optically scanned when questionnaire responses are placed on special answer sheets. Scanning may be practical if there are a large number of questionnaires and the questions remain constant over time. The investment in creating a special questionnaire and computer capability may be less than entering the data by hand. Clients must also complete questionnaires carefully, since marks that are in the wrong place or are made incorrectly can lead to erroneous results.

Here are some ways to ease the data entry process:

- Create a codebook. Indicate the structure of the data file and the numeric codes that correspond to each response for each question.
- Review the completed questionnaires. Examine them for irregularities—such as multiple answers to single-response questions, or marks placed between categories as opposed to checking one or the other. Establish rules for how to handle missing information—when clients do not respond to a particular question—and other situations so they are handled consistently.
- Assign a survey number. Add a unique survey response number to each questionnaire, as well as the date it was returned or the time period of the survey.
- **Determine links.** Based on what has been promised to clients, decide how, if at all, to incorporate identifying information or codes to link questionnaire responses to data from client records.
- Establish a process for open-ended questions. First, read a sample of the answers to a question to establish basic categories into which the remaining answers can be grouped. Then, assign numerical codes to each of the categories. Then, read and code all the questionnaire responses, and enter the codes in the data file that contains responses to the closed-ended questions. Or type responses in a list for review by staff (preferably edited to remove any references to specific staff or clients). Bear in mind information not coded and entered in the data file cannot be analyzed in the same way as the data from closed-ended questions.

⁷ For surveys involving samples, statistical "weights" may need to be included in the data file. Weights can be used either to account for special sample design features or to compensate for nonresponse. A survey or statistical specialist should be consulted on this issue.

Step 12: Analyze the Results

Once information is available, it needs to be analyzed.⁸ For basic outcomemanagement purposes, analysis is not especially complex or difficult.

The most basic form of survey analysis consists of examining responses to each question—one at a time. Starting with the "raw" responses, first calculate the percentage of clients giving each response to each question. For example, if responses to the question, "How satisfied are you with the quality of care you received?" include "very satisfied," "somewhat satisfied," "not very satisfied," "not at all satisfied," and "I don't know," the responses can be analyzed in several ways. Dividing the number of clients giving each response (such as for those saying "very satisfied") by the total number of respondents produces a percentage. All such percentages constitute the percentage distribution for that question.

Combining categories (for example, adding "very satisfied" and "somewhat satisfied" responses and dividing by the total number of respondents) produces a "total satisfied" percentage. This combination provides a single number for use as an outcome indicator.

Numerical values can also be applied to each response to produce an average score. For example, a value of 4 can be given to all "very satisfied" responses, a value of 3 to "somewhat satisfied" responses, and so on. Multiplying the number of clients responding "very satisfied" by 4, the number responding "somewhat satisfied" by 3, and so on, then summing the products and dividing by the total number of respondents, results in an average score that can range from 1 to 4. The higher the number, the higher the level of satisfaction. A score of 4 would indicate that *all* clients are very satisfied. However, information on the distribution of scores is lost in the process. For example, a score of 2.5 could be achieved because half of all client respondents say "very satisfied," and half say "not at all satisfied," or it could be achieved if one-quarter each of all client respondents say "very satisfied," "somewhat satisfied," "not very satisfied," and "not at all satisfied." These two results are, obviously, very different and therefore such scores should not be the only figures produced.

The calculations should be formatted as easy-to-read tables or graphs. Presentations should include the number of respondents on which any figure is based. Percentages based on smaller numbers of respondents are not as reliable as those based on larger numbers.

Often, responses include numerical counts—such as how many performances or counseling sessions clients attended. Responses can be grouped into a small number of ranges with a count of the number of clients that fall into each range. Averages may also be useful. Clients may be asked, for example, "Over the past six months, how many times did you come to the center for emergency assistance?" The sum of

⁸ More guidance on analyzing outcome information is available in another guide in this series.

the number of times each client came in divided by the total number of client respondents is the average (*mean*) number of service visits made by clients. Again, the use of averages masks wide variations in responses and should be used along with other information, such as the lowest and highest values reported by clients. Other types of comparisons are illustrated in exhibit 11.

These kinds of analyses can be done routinely, in house. At least initially, however, obtaining assistance from those with expertise in survey analysis—perhaps faculty or graduate students at a local college—may be useful. This assistance will help to establish a basic analytic routine to follow and a recommended format for reporting.

Step 13: Prepare and Disseminate Reports

Reports are the basic products of the client survey process. They represent an organized, thoughtful way of presenting information, findings, and recommendations for action. At the same time, they provide permanent documentation for later use or reference.

How often reports are prepared should reflect an organization's outcome management requirements. While the interval will vary, reports should be prepared on a regular basis—annually, quarterly, or monthly. Where there may be service results with short-term fluctuations, for example, information should be gathered and reported relatively frequently.

The primary purpose of the client survey report is for outcome management. The report will be used by the organization's program managers and senior executives for reviewing service outcomes, evaluating what needs improvement, and taking appropriate action. These uses are time-sensitive, so reports should be prepared promptly following survey completion. Where surveys are conducted on a continuing basis, as opposed to in batches, reports should be produced at regular time intervals.

If used internally, reports can be less formal than those that may circulate more widely. Even so, they should reflect senior executive and management interests, information needs, level of sophistication with respect to analysis, and preferences regarding report length and level of detail.

A standard report might include the following:

■ **Highlights.** Summarize and succinctly highlight the survey's main findings and implications. Note any significant caveats related to the reliability or generalizability of the information.

⁹ Other statistics may also be useful, such as the mode (the most frequently reported response) or the median (the middle response, where half of all responses are above that number and half below).

¹⁰ Another measure of dispersion is a standard deviation, which consists of the range from the mean within which approximately one-third of all values fall, assuming the values are distributed in a normal curve.

EXHIBIT 11

Ways to Analyze Client Survey Data

- Comparisons across client subgroups. This comparison involves separating clients by key demographic or service characteristics, computing percentage distributions or other statistics for each subgroup, and comparing the results across subgroups. For example, the analysis could separate client responses by age, case manager, or frequency of service visit. Such comparisons are likely very useful for identifying service problems.
 - Satisfaction ratings or improvement in condition may vary by client type, the amount or type of service received, the program offering the service, or who provided the service. They can only be done if the necessary information is collected in the survey or the questionnaire response can be linked with program records containing the information.
- Comparisons against targets. This comparison shows whether the organization is meeting, exceeding, or failing to meet its goals.
- Comparisons with previous client surveys. This comparison allows for analysis of trends and indicates whether outcomes are improving, worsening, or staying constant over time.
- Comparisons with previous client surveys on similar programs. This comparison shows how the organization's outcomes correspond to those of other providers. Comparability of the data, however, is very important to ensuring that such comparisons are valid. It is also important to determine whether the other organizations serve similar clients and provide similar functions.
- Comparisons against professional standards. Where there are appropriate external benchmarks, this type of comparison also shows how the organization's outcomes measure up.
- Comparisons of responses to one question with responses to others. Cross-question comparisons help to describe patterns and explain why answers vary. There are various analytic strategies for examining responses to multiple questions simultaneously—testing for differences among groups and looking for patterns. For example, overall dissatisfaction with services may be highest for those clients who are dissatisfied with the accessibility of the service facility. Such issues can be examined by cross-tabulating responses to the questions of interest. The comparison can help identify the extent to which service quality characteristics (such as accessibility) are important to overall client satisfaction.

- **Respondent profile.** Include a sketch or table profiling survey respondents, either in demographic or service characteristic terms.
- **Findings.** Know the audience's preference for format and level of detail and make it reader-friendly. Display information in tables with percentage distributions or as line, bar, or pie charts. Display so that comparisons can be easily made between the responses of all respondents and those of significant demographic or service characteristic subgroups. State major findings in text or bullet format. Put more important findings up front, reflecting either the priority of the organization's outcome indicators or some judgment as to their significance. If samples are used, provide confidence interval information.
- **Appendix.** Attach an appendix with a description of the survey method; the questionnaire; detailed data tables (if not presented in the findings section); response rates; and a discussion of issues or problems that arose in the course of survey administration or analysis. The appendix is useful for answering questions about the survey and as documentation for future reports.

Step 14: Encourage Use of the Survey Information

Completing a client survey and report is not the end of the outcome management process but, in some respects, the beginning. Those in a position to affect organizational policy and service delivery need to review client survey results as a part of normal policy, program, activity, and service-delivery deliberations. The information can be used in a number of ways, such as

- identifying where improvement has occurred and where it needed
- identifying trends, what works, and "successful practices"
- clarifying organizational and program purposes for staff, motivating them, and serving as a basis for recognizing their good performance
- encouraging innovation by testing options for alternative practices or new programs before deciding on full implementation
- informing board members and external stakeholders, for purposes of accountability, fundraising, and marketing services
- attracting volunteers and clients

Probably the most important of these uses is identifying program weaknesses and shortcomings, and serving as a catalyst for improvement. It is certainly appropriate to recognize instances where an organization's outcome expectations have been exceeded—and to point this out as a positive finding. However, from a program improvement perspective, it is likely to be more important to focus on failures to achieve targets or outcome expectations.

Where results do not meet organization targets, are trending in the wrong direction, or fail to measure up to the results of other organizations or to industry standards (if known), explanations need to be sought. Sometimes reasons for low or poor ratings can be found within the survey results, through additional analyses. For example, differences among service ratings (some better than others) or in client improvement experience by subgroup should be explored. Responses to open-ended questions can also be examined. Often, however, the explanations will need to be sought from contextual information, from other sources of outcome data, by questioning program staff, by holding focus groups with clients, or from more in-depth studies.

Recommendations for action or further exploration should be developed from the analyses and explanations of the survey findings. Policy or service delivery methods may need to change, or organization expectations (and targets) may need to be adjusted—or both.

To best use the client survey findings, there should be a plan for taking next steps. In a small organization this planning may seem unnecessary, but even small organizations should consider how best to use client survey information for improving results. Some suggestions include the following:

- Discuss results with supervisors, case managers, and others involved in service delivery. This discussion could be done during staff meetings or performance reviews, in newsletters, or via other internal communications. Service shortfalls should be approached in a constructive atmosphere. Top management taking client feedback seriously can go a long way toward reinforcing the organization's focus on client results.
- **Discuss results with staff.** It is often helpful to have a meeting with staff to discuss the findings. Special attention should be paid to bad or worsening outcomes and to very good outcomes (to see if these activities contain best practices that can be transferred to other parts of the organization). Once needed improvements have been identified, executives and program managers should focus on explanations and consideration of corrective actions.
- Plan for follow-up. The organization should also plan to examine future findings following the implementation of any corrective actions. Subsequent client surveys would be expected to measure improvement if, indeed, that is the result.
- Revisit expectations. Beyond consideration of changes to policies, programs, or service activities, client survey results may stimulate adjustment or redefinition of expectations. Sometimes targets may be too high or too low.
- Hold discussions with clients. It may also be useful to hold focus group sessions with a small number of clients to discuss service shortfalls observed in the survey and obtain their views about solutions.

Reports for external distribution have separate purposes and audiences. Purposes could include fostering community trust, understanding, support, or funding. Audiences could include board members, funders, advocates, or the media. Because of these differences, external reports may need to be organized and presented more formally.

Good outcomes have public relations value to the organization, and they can be promoted in such a report. But when outcomes do not measure up, negative reaction or publicity is possible. In that case, the organization could include in the report actions already taken or that will be taken to improve the situation. Having corrective actions in place demonstrates a proactive approach to recognizing, dealing with, and resolving problems (Hatry et al. 1998, p. 15).



Cost and Time Requirements

Unlike surveys for program evaluation or general research, routine client surveys do not usually require elaborate questionnaires or complex survey designs. Nonetheless, they need to be done properly to ensure that useful and credible information is collected. Ensuring effective information, in turn, calls for commitment of organization resources—staff time, money, or both. How extensive a commitment depends on a number of considerations. While calculations have to be made for each program, this section is intended to help organization personnel think through the cost and time requirements of doing routine client surveys. The discussion is divided into different phases of the client survey process.

Initial Decisions

Initially, basic client survey parameters need to be established. Establishing parameters is almost always best done by organization personnel as opposed to technical advisors or contractors. Where possible, a lead staff person and, possibly, a working group should be charged with carrying out the start-up tasks. Several working days of staff time are likely to be needed to

- identify the outcomes to be tracked,
- consult with selected other staff, board members, clients, and representatives of funding organizations, advocacy groups, or public agencies to identify the information needed, possibly through focus groups,
- review surveys conducted by similar organizations,
- decide when during service provision clients will be surveyed,
- decide the number of times clients will be surveyed, and
- decide how frequently surveys will be administered.

If it is determined that surveys are to be developed or conducted entirely inhouse, it may be necessary for one or more staff members to acquire basic survey skills—by taking a course in survey research or reviewing a basic text. If surveys are

to be done primarily in-house with the assistance of outside advisors, it may also take some staff time to identify an appropriate consultant and establish a good working relationship. Finally, if an outside firm is to be hired to design or administer the surveys, it will take staff time to prepare the work specifications, identify appropriate contractors, review their credentials, check their references, and contract with one of them. The process of hiring a contractor is likely to involve several days of staff effort at the front end in addition to the time needed to work with the contractor during the various stages of survey development and administration.

Developing the Questionnaire

Survey development work tends to be more technical than start-up activities because it involves

- selecting and designing the mode of survey administration,
- designing the process for identifying clients to be surveyed,
- deciding on the number of clients to be surveyed and the method of selecting them—including developing a sampling scheme, where appropriate,
- writing questions and designing the questionnaire, and
- pretesting the questionnaire.

These tasks are likely to require several working weeks of effort. Also, where sufficient expertise is not available in-house, getting advice and assistance from outside survey or statistical specialists may be required, by either using volunteers or hiring fee-for-service consultants—the latter constituting an additional survey cost. Even where outside expertise is used, organization personnel should be acquainted with the basic issues involved in survey development, review all development products, assess the trade-offs between cost and accuracy considerations, and evaluate all products based on their utility for outcome measurement. These activities require the commitment of staff time, but generally do not have to be repeated for each subsequent wave or round of client survey.

Administering the Survey

Managing the information-collection process and ensuring its quality is the single most time-consuming step in surveying clients. It is a recurring process, and the amount and timing of staff involvement depends on how continuously or frequently surveys are conducted, how many clients are surveyed, and whether information is collected by in-house staff or through an outside contractor. In addition to personnel requirements, survey administration generally involves spending money, the amount dependent on which mode of administration is used, wage rates, supply costs, inter-

view or questionnaire length, how many clients are surveyed, and whether in-house staff, volunteers, or contractors are used. Survey administration tasks include the following:

- Checking, organizing, and culling client rosters or lists, where used for surveying clients, and monitoring selection and sampling procedures;
- Training, overseeing, and monitoring staff involved in survey administration, including interviewers if they are used;
- Considering actions to achieve a high response rate;
- Mailing or distributing questionnaires or interviewing clients;
- Maintaining records to track the various stages of the survey process;
- Putting procedures in place to ensure that surveys do not harm clients, and ensuring that confidentiality procedures are adhered to; and
- Periodically reviewing the entire process.

Mail questionnaires are usually the least expensive survey mode. Personnel costs include the clerical tasks of reviewing client lists, drawing client names, generating address labels, stuffing envelopes, and tracking responses, and the supervisory task of directing such activities to ensure adherence to planned procedures and schedule. For non-personnel costs, postage costs need to be estimated (two pages of questions, a cover letter, and a return envelope generally weigh one ounce). The costs of postage-paid return envelopes and of sending clients second questionnaires or pre- or post-survey letters or postcards, if done, also need to be taken into account. Finally, printing costs and the costs of paper and envelopes need to be accounted for.

If in-house interviewers are used, they need to be trained and monitored, which generally involves staff time for interviewers and a supervisor. Interview time, whether logged by staff or specially hired personnel, needs to be taken into account in estimating survey costs. Naturally, interview length affects costs: the longer the interview, the more expensive it is. If interviews are done in person, travel time and costs also need to be considered. When calculating the costs of telephone interviews, bear in mind three to four closed-ended questions can generally be asked per minute, but this estimate does not include the time it takes to contact clients, which may involve multiple tries. Open-ended questions take longer to administer.

If an outside contractor conducts the surveys, there are personnel requirements in addition to contractor costs. In particular, a lead staff person needs to budget time for having ongoing contact with the contractor throughout the process.

Collecting and Using the Data

Following each survey wave or round, a variety of post-survey activities need to be undertaken. Some may require assistance from a survey specialist and others are best done by organization personnel. Tasks include

- coding open-ended questions,
- entering data,
- reviewing results for low response and bias,
- tabulating and analyzing the data,
- writing reports,
- using the information for outcome management and follow-up purposes, and
- reviewing survey procedures periodically.

Coding and data entry are clerical tasks, but reviewing results for low response and bias, tabulating and analyzing the data, and writing reports involve some technical skill. If these skills are not available within the organization, outside assistance may be needed—at least for the first survey round, and the process emulated in subsequent rounds. Therefore, some amount of the time of program managers, caseworkers, and others should be factored into estimates of the effort involved in the client survey process.

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Appendices



APPENDIX A

Sample Client Satisfaction Survey

Thinking about your experience with this Red Cross Service, on a scale from 1 to 6 (with 1 being poor and 6 excellent), please rate each of the following by filling the bubble that best represents your thinking.

	Poor 1	Moderate 2	Adequate 3	Good 4	Very Good 5	Excellent 6	Does Not Apply O
On-time performance-							
timeliness	0	0	0	0	0	0	0
Worker's courtesy	0	0	0	0	0	0	0
Competence of driver or worker	0	0	0	0	0	0	0
Cleanliness of products or facility (van, shelter, food, etc.)	0	0	0	0	0	0	0
Ease of enrolling in							
this service	0	0	0	0	0	0	0
Treating you with dignity and respect	0	0	0	0	0	0	0
Overall satisfaction with							
this Red Cross service	0	0	0	0	0	0	0

Source: Excerpted from Guide for Conducting Service Quality and Effectiveness Surveys: Indicators of Chapter Performance and Potential, Red Cross, May 2002.

APPENDIX B

Sample Client Survey about Program Outcomes and Benefits

In order to improve mental health services to people like you, we need to know what you think about the treatment you received, the people who provided it, and the results of this treatment.

Please indicate your agreement/disagreement with each of the following statements by circling the number that best represents your opinion. If the question is about something you have not experienced, circle the number 9, to indicate that this item is not applicable to you.

	Strongly Agree 1	Agree 2	Neutral 3	Disagree 4	Strongly Disagree 5	Not Applicable 9
AS A DIRECT RESULT OF SERVICES I RE	CEIVED					
I deal more effectively with daily problems	1	2	3	4	5	9
I feel better about myself	1	2	3	4	5	9
I am better able to control my life	1	2	3	4	5	9
l experienced harmful medication side effects	1	2	3	4	5	9
I am better able to deal with crisis	1	2	3	4	5	9
I am getting along better with my family	1	2	3	4	5	9
l do better in social situations	1	2	3	4	5	9
l do better in schoolwork	1	2	3	4	5	9
I do better with my leisure time	1	2	3	4	5	9
My housing situation has improved	1	2	3	4	5	9
My symptoms are not bothering me as much	1	2	3	4	5	9
I have become more independent	1	2	3	4	5	9
The medications I am taking help me control symptoms that used to bother me	1	2	3	4	5	9
I have become more effective in getting what I need	1	2	3	4	5	9
I can deal better with people and situations that used to be a problem for me	1	2	3	4	5	9

Source: Excerpted from "Proposed Consumer Survey Items," Mental Health Statistics Improvement Program (MHSIP) Task Force on Mental Health Report Card: Consumer Survey (http://www.mhsip.org/rptcard.html, accessed April 11, 2003).

APPENDIX C

A Sampling Primer

SAMPLE TYPE

Samples should be selected to ensure that the information generated from them can be projected reliably to the full client base. Every client should be given an independent and measurable chance of being selected. Most samples used for surveys involve some form of random or probability selection, where all of an organization's clients have an equal chance of being included.¹¹ When client samples are random, unbiased, and representative, survey results can be used with reasonable confidence to draw conclusions about the organization's total clientele. The following are among the techniques that can be used to draw a sample:

- Draw a random sample of the total clientele. If a client list contains names and addresses, but little else, the easiest technique is to select every *n*th client from the list, using a random start point. If, say, every fourth client is to be selected, start by arbitrarily choosing a number between 1 and 4. If that number is 3, then begin with the third name on the list and select every fourth name after that.
- Draw random samples separately for important subgroups. If organization records contain relevant information for analysis or comparison purposes (such as client demographic information or service experiences), random samples can be drawn for each group. This process has two steps. First, sort the list into appropriate subgroups (say, by age or by one-time versus multiple-time service recipients) that follow from the outcome indicators of interest to the organization. Second, select every *n*th client within each group, using a random start point. Either the same *n* or a different *n* can be used for each subgroup. If, for example, there was reason to survey one-time service recipients at a higher rate than multiple-time recipients, the *n* would be smaller for the former subgroup than for the latter.
- If a client list is not available, use other random selection techniques. For example, days of the week can be selected randomly and, on those days, all or every *n*th client provided service could be surveyed. If random sampling is

¹¹ Strictly speaking, a true random sample requires drawing names from the full client population in a way that, each time a name is drawn, every client in the population has an equal opportunity to be selected. To meet this requirement, sampling must be done with replacement: Once a name is selected, it is then placed back in the population before drawing the next name. It is possible, therefore, for the same name to appear more than once in a sample.

When subgroups are selected with different selection probabilities, these probabilities need to be taken into account when the information is tabulated. The organization should consult with a statistical specialist on such matters.

not feasible, clients can still be surveyed, but there may be no way to ensure that results apply to the entire clientele.

SAMPLE SIZE

It is necessary to determine how large a sample to select each time clients are surveyed. A number of factors should be considered in setting sample size, including likely response rates; the extent of variability in the organization's client base and its service experiences; and the number of client subgroups about which information is needed.

Generally, the more precise information an organization needs to collect, the larger the sample size needed. Larger samples are more likely than smaller ones to produce the results that would be obtained if all clients were surveyed—i.e., the margin of error is smaller. Since larger samples cost more (in dollars and effort) than smaller ones, budget becomes a key consideration. Sample size, then, generally reflects the interplay between precision and cost.

When using a sample, organization executives need to decide what level of precision is meaningful and important to them. The precision of an estimate is usually stated in terms of a "confidence interval." If, for example, 30 percent of a client sample report no desired improvement in condition after receiving service, the more technically correct conclusion may be, "95 percent of the time, the true percentage lies somewhere between plus or minus 7 percentage points of 30 percent—or between 23 percent and 37 percent of all clients." A policy question for organization executives, then, is would some change in policy be called for if the answer were 37 percent but not 23 percent? In essence, can a range this wide be tolerated? If a confidence interval is too wide, more precision is achievable at a higher cost. How much precision is needed depends on the way information will be used and the risk associated with having any particular level of precision.

The precision or accuracy of a sample survey estimate can be calculated for the sample as a whole or for any subgroup. Confidence intervals will be wider for subgroups than for the total sample. They will also be wider for smaller subgroups than for larger ones. It is therefore important to consider which client subgroups are pertinent to the organization's outcome indicators when deciding on sample size.

When subgroups of a sample are compared to each other, a statistical calculation can determine the probability that observed differences are real. That probability means that such differences would be observed if all clients were surveyed, as opposed to being an artifact of the sampling process. Since probability also depends on sample size, the need to make such comparisons should be considered in determining size.

APPENDIX D

Issues to Consider before Developing a Questionnaire

Consider what can be expected of clients. The unique inclinations and characteristics of an organization's clients are particularly important for questionnaire development. Thinking about the following kinds of issues may help question writing and questionnaire design:

- How receptive to surveying will clients be?
- How much do they know about the services and service-delivery issues of interest?
- Are they likely to accurately remember their experiences?
- Do they have the educational and language skills to deal with the relevant issues and terminology?
- Are there special sensitivities associated with certain questions that may be asked?

These factors can have a bearing on how survey questions are worded, formatted, and ordered. For example, sensitive questions are usually placed near the end of a questionnaire, not at the beginning. Or, if some clients are not expected to know certain terms, they may need to be explained in the survey. Also, if some clients do not have sufficient English language skills, the questionnaire may need to be translated into other languages.

Consider precisely what outcomes are to be measured. Questions asked in a client survey should follow directly from the organization's outcome indicators. They should pertain to client behavior, condition, and perception of improvement, as well as client evaluation of (and satisfaction with) service delivery.

Look to see if there are pre-existing survey questions that can be used or adapted. Early in the questionnaire-development process, it is a good idea to search for client surveys and questions that have been used by others. Questions are likely to be available for many services. Sometimes these can be found in formal reports but otherwise they may be located through informal networking, web searches, reviews of professional journals, or by asking those in peer organizations and professional associations. When found, such questions may not precisely fit the bill. If so, they can be modified to make them more appropriate for the organization's use. One advantage to using pre-existing questions as-is: They allow for comparisons with other entities, offering a benchmark that may prove valuable for interpreting results.

Consider what demographic and other interpretative information is needed.

In addition to questions measuring outcomes, a client survey questionnaire should contain questions pertinent to understanding and interpreting responses to outcome measures, such as *relevant* demographic or service characteristics. Demographic characteristics include age, income, household structure, area of residence, race, ethnicity, education level, disability, gender, and the like. Service characteristics include type and amount of service provided, service dates, service providers, and so on. It may not be necessary to inquire about such information if it is available from organizational records that can be linked to individual survey responses. However, such linking may be technically difficult or pose confidentiality and response-rate problems. If so, the information should be asked for in the questionnaire.

Consider whether any "issue-of-the-moment" information will also be collected. Beyond collecting core information used to measure and interpret outcomes, it may be useful to include in a questionnaire a limited number of other, time-specific matters that vary from survey to survey. A small portion of the questionnaire, therefore, can be reserved for covering special issues, such as those that may assist in reviewing or rethinking service policies or procedures. These questions may change each time the questionnaire is administered. Possibilities include process concerns, service delivery options, or policy or program changes being contemplated by the organization. Asking about such subjects gives the organization an opportunity to systematically obtain client input and insights on a timely basis. Adding one-time-only questions adds some cost and burden, because the questionnaire, data entry routine, and tabulation procedures will need to be modified each time such questions are added.



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